



**Burn 800 to 1,000 Calories With:**

**Boxing • Core & Conditioning  
Kick Boxing • Kids Boxing • Zumba • Boot Camp • Cardio X**

WITH THIS AD

**3 Months For  
\$99<sup>00</sup>**

Restrictions may apply.  
Not valid with any other offers or coupons.  
Expires 12/10/10



WITH THIS AD

**Choose 1 of the Following  
FREE CLASSES**  
Boxing Lesson • Kids Boxing  
Group Training • Personal Training  
Cardio Classes

Restrictions may apply. Not valid with any  
other offers or coupons. Expires 12/10/10



**732-625-1400 • Andee Plaza • 130 Rt. 33 West • Manalapan • [www.CrankCardio.com](http://www.CrankCardio.com)**